

**AN A-Z GUIDE TO FOOD ADDITIVES: NEVER EAT
WHAT YOU CANT PRONOUNCE**

Layn Delpizzo

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An A-Z Guide to Food Additives: Never Eat What You Can't Pronounce by Deanna M. Minich

Cochineal extract, diacetyl, tertiary butylhydroquinone, BHA, HFCS, MSG--it's not just knowing how to pronounce what's in your food, it's knowing what it does.

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